

# Job Connections



# May Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>"You will never do anything in this world without courage."</b></p> <p><b>- Aristotle</b></p>			<p><b>2</b></p>	<p><b>Effective 3</b></p> <p><b>Applications</b></p> <p><b>12:30 – 2:00</b></p> <p><b>AKST</b></p> <p><b>Virtual Live</b></p>
<p><b>Interview Techniques 6</b></p> <p><b>1:30 – 3:00 AKST</b></p> <p><b>Virtual Live</b></p>	<p><b>7</b></p>	<p><b>Self Determination 8</b></p> <p><b>1:30 – 3:00 AKST</b></p> <p><b>Virtual Live</b></p>		
<p><b>13</b></p>		<p><b>15</b></p> <p><b>Decision Making</b></p> <p><b>1:30 – 3:00 PST</b></p> <p><b>Virtual Live</b></p>	<p><b>16</b></p>	<p><b>17</b></p> <p><b>Social Media 101</b></p> <p><b>12:30 – 2:00</b></p> <p><b>AKST</b></p> <p><b>Virtual Live</b></p>
<p><b>20</b></p> <p><b>Job Search Strategies</b></p> <p><b>1:00 – 2:30 AKST</b></p> <p><b>Virtual Live</b></p>		<p><b>22</b></p> <p><b>Stress, &amp; Anger Management</b></p> <p><b>1:30 – 3:00 AKST</b></p> <p><b>Virtual Live</b></p>	<p><b>23</b></p>	
	<p><b>28</b></p>	<p><b>Basic Money Matters 29</b></p> <p><b>1:30 – 3:00 AKST</b></p> <p><b>Virtual Live</b></p>		<p><b>ABC's of a 31</b></p> <p><b>Winning Resume</b></p> <p><b>12:30 – 2:00</b></p> <p><b>AKST</b></p> <p><b>Virtual Live</b></p>

Pre-recorded Workshops can be viewed at a date and time convenient for you: Overcoming a Criminal Background Barrier, IDA Preview, Interview Techniques, Motivation & Attitude, Teamwork & Career Development, Ethics, Time Management & Dependability, and more! See Workshop descriptions on Page 2.

Seneca  
Job Connections  
855 Seneca Rd  
Eugene, OR  
(541) 431-3309

North Bend  
Job Connections  
3696 Broadway  
North Bend, OR  
(541) 808-3707

Cottage Grove  
Job Connections  
1205 Hwy 99 N  
Cottage Grove, OR  
(541) 942-1571

Midtown  
Job Connections  
3838 Old Seward Hwy  
Anchorage, AK  
(907) 563-6355

**GOODWILL**  
INDUSTRIES

Springfield  
Job Connections  
102 30<sup>th</sup> St  
Springfield, OR  
(458) 205-8157

Florence  
Job Connections  
1310 Hwy 101  
Florence, OR  
(541) 590-3541

Brookings  
Job Connections  
890 Chetco Ave  
Brookings, OR  
(541) 813-2370

Dimond  
Job Connections  
8931 Old Seward Hwy  
Anchorage, AK  
(907) 344-4640

Wasilla  
Job Connections  
1660 E Financial Dr  
Wasilla, AK  
(907) 357-4417

**To request access to workshops:**

**[www.goodwill-oregon.org/job-connections](http://www.goodwill-oregon.org/job-connections) or call 541-431-3309**



# May Workshops And Clinics

\* Prerecorded workshops can be viewed at a date and time convenient for you.

## ABC's of a Winning Resume

Learn how to compose a cover letter and resume that reflects your strengths and explore different resume formats.



## Basic Money Matters

Learn about savings, budget, daily money management ideas, debt strategy, and basic rules regarding money.



## Decision Making

From deciding to get out of bed until we fall asleep at night, we're making decisions that rule our lives. Learn how to make the best possible decisions with the information you have.

## Effective Applications

In this workshop, you will learn the rules necessary for effective application completion and the resources available to easily complete it.



## Ethics, Time Management & Dependability

Acceptable workplace conduct, strategies to budget your time, and how dependability can lead to job security.  
\*Pre-recorded available

## Individual Development Account (IDA) Preview

IDA matched savings accounts help you build assets through financial education, creating a monthly savings habit, and meeting financial goals. Deposits are matched at a 5:1 ratio.

\*Pre-recorded Only

## Interview Techniques

Provides information, ideas, and tools to prepare you for a job interview. The better prepared you are, the less nervous you will be.

\*Pre-recorded available

## Job Search Strategies

Does your job search need a jumpstart? The workshop will cover four proven methods to help you find the job you are looking for.



## Motivation & Attitude

Discover what motivates you and what shapes your attitude towards work and the world around you.

\*Pre-recorded available

## Overcoming A Criminal Background Barrier



Learn job search techniques that address your criminal background. Learn about tax credits, how to explain felony convictions in interviews, and create a statement of change.

\*Pre-recorded Only

## Self Determination

Take control of your life by identifying your barriers and finding what success looks like to you.

## Social Media 101

What do your social media posts say about you? Your online presence can impact your job search. Make the best virtual impression and learn how to utilize social media to locate job leads.



## Stress & Anger Management

Stress is everywhere. It is inescapable. It can affect us in multiple, powerful ways. Stress and anger are two sides of the same coin. Often, we are angry because we are stressed and vice versa.



## Teamwork & Career Development

Discuss how to work better with others, when to know it's time to move on, and how to do so without burning bridges behind you while moving towards career goals.

\*Pre-recorded available



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