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Job Connections Calendar



Monday	Tuesday	Wednesday	Thursday	Friday
<p>American Heart Month</p>		<p>1 Self Determination 1:30 - 3:00 AKST Virtual Live</p>	<p>2 Happy Groundhog Day</p>	<p>3 Job Search Strategies 12:30 - 2:00 AKST Virtual Live</p>
<p>6 ABC's of a Winning Resume 1:00 - 2:30 AKST Virtual Live</p>	7	<p>8 Decision Making 1:30 - 3:00 AKST Virtual Live</p>	9	<p>HAPPY UMBRELLA DAY!</p>
<p>13 Interview Techniques 1:00 - 2:30 AKST Virtual Live</p>	<p>14 Happy Valentine's Day</p>	<p>15 Stress & Anger Management 1:30 - 3:00 AKST Virtual Live</p>	16	<p>17 Social Media 101 11:30 - 12:30 AKST Virtual Live</p>
<p>HAPPY PRESIDENT'S DAY!</p>	21	<p>22 Navigating Cash Flow 1:30 - 3:00 AKST Virtual Live</p>	<p>NATIONAL Chili Day</p>	24
<p>27 Effective Applications 12:00 - 2:30 AKST Virtual Live</p>	<p>LINUS PAULING DAY FEB 28</p>			

Workshops that are also pre-recorded can be viewed at a date and time convenient for you: Overcoming a Criminal Background Barrier, Interview Techniques, Motivation & Attitude, Teamwork & Career Development, Ethics, Time Management & Dependability. See Workshop descriptions on Page 2.

Seneca
Job Connections
855 Seneca Rd
Eugene, OR
(541) 431-3309

North Bend
Job Connections
3696 Broadway
North Bend, OR
(541) 808-3707

Cottage Grove
Job Connections
1205 Hwy 99 N
Cottage Grove, OR
(541) 942-1571



Springfield
Job Connections
102 30th St
Springfield, OR
(458) 205-8157

Florence
Job Connections
1310 Hwy 101
Florence, OR
(541) 590-3541

Brookings
Job Connections
890 Chetco Ave
Brookings, OR
(541) 813-2370

Midtown
Job Connections
3838 Old Seward Hwy
Anchorage, AK
(907) 563-6355

Dimond
Job Connections
8931 Old Seward Hwy
Anchorage, AK
(907) 344-4640

Wasilla
Job Connections
1660 E Financial Dr
Wasilla, AK
(907) 357-4417

To request access to workshops:

www.goodwill-oregon.org/job-connections or call 541-431-3309

Employment Workshops And Clinics

* Workshops are also pre-recorded and can be viewed at a date and time convenient for you.

ABC's of a Winning Resume

Learn how to compose a cover letter and resume that reflects your strengths and explore different resume formats.



Decision Making

From deciding to get out of bed until we fall asleep at night, we're making decisions that rule our lives. Learn how to make the best possible decisions with the information you have.

Effective Applications

In this workshop, you will learn the rules necessary for effective application completion and the resources available to easily complete it.



Ethics, Time Management & Dependability

Acceptable workplace conduct, strategies to budget your time, and how dependability can lead to job security.
*Pre-recorded available

Impact of Attitude

Our attitude follows us in every situation and thus has major implications on our success and happiness. It's important to be aware of your own attitudes so you can accept or change them.
Not Offered this Month

Interview Techniques

Provides information, ideas, and tools to prepare you for a job interview. The better prepared you are, the less nervous you will be.
*Pre-recorded available



Job Search Strategies

Does your job search need a jumpstart? The workshop will cover four proven methods to help you find the job you are looking for.

Motivation & Attitude

Discover what motivates you and what shapes your attitude towards work and the world around you.
*Pre-recorded available

Overcoming A Criminal Background Barrier



Learn job search techniques that address your criminal background. Learn about tax credits, how to explain felony convictions in interviews, and create a statement of change.
*Pre-recorded Only

Relationships & Communication

Relationships take work, so it is important to understand the value of the effort you make. Communication is a two-way process: talking and listening.
Not Offered this Month

Self-Concept

Self-concept is a direct link to our self-confidence; how much we accept and approve of ourselves, and how much we value ourselves.



Social Media 101

What do your social media posts say about you? Your online presence can impact your job search. Make the best virtual impression and learn how to utilize social media to locate job leads.



Stress &

Anger Management

Stress is everywhere. It is inescapable. It can affect us in multiple, powerful ways. Stress and anger are two sides of the same coin. Often, we are angry because we are stressed and vice versa.



Teamwork & Career Development

Discuss how to work better with others, when to know it's time to move on, and how to do so without burning bridges behind you while moving towards career goals.
* Pre-recorded available



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